

Freezing 5 and 10K

Saturday February 10th 2007 at 10:00 am

Check the event you are entering:

5K Open (\$15) _____

10K Open (\$15) _____

"Guess Your Time" (\$15) _____

Intramural 5K _____

If you have entered the "Guess Your Time" division please indicate your time here: _____

Last Name _____

First Name _____

Address _____

City _____

State _____ Zip _____

Phone Number _____

Emergency Contact: _____

Sex Male _____ Female _____

Email Address _____

T-shirt Size

S M L XL

Make checks payable to the University
of Arkansas and mail to:
Intramural/Recreational Sports
155 Stadium Dr.
HPER 225
University of Arkansas
Fayetteville, AR 72701
Attn: Tim Leszczak

Waiver

This is a road race. There is no such thing as a "safe" course. While the sponsors and race directors/organizers/coordinators and their assistants and the volunteers do everything they can to ensure a "safe" course, it is not possible to guard against all risks. Therefore, you will be responsible for your own safety and well-being by taking adequate precautions both before and during the race to guard against road "hazards." Therefore, we ask that you read and sign the waiver below as a condition of entering the race.

Waiver of Liability - Assumption of Risks

I do hereby release and discharge Intramural/Recreational Sports and any and all persons assisting from illness, injuries, and damages I may suffer as a result of my participation in this event. This waiver of liability and assumption of risk specifically includes any liability and liability resulting from:

- Availability or inadequacy of aid stations;
- Availability or inadequacy to traffic control;
- Failure to warn of hazards on the course;
- Failure to warn of hazards on the course;
- Failure to have adequate pick up crews who assist runners who are lost or develop difficulties;
- Failure to provide or inadequacy of medical support and facilities

I further state that I am in proper physical condition to participate in this event and suffer from no medical conditions which would put me at risk for injury or death as a result of my participation in this road race. Alternatively, I assume the risk for any injury or death that occurs as a result of any condition and my participation in this event. I am on a safe outlook at all times and assume the risk for any traffic or hazards during the race. I also give my permission for the free use of my name and picture in any broadcast, telecast, or written account of this event. By my signature, hereto, I acknowledge that I have read the above waiver of liability and assumption of risk and that I concur in its entirety.

Signature _____

Date _____

If participant is under 18 years old, parent or guardian must sign below.

Signature _____

Date _____